## WE CLAIM:

1. A communication method for two communication parties linked to each other by means of a full-duplex point-to-point connection, said method comprising:

an identification phase wherein said communication parties identify themselves to one another and define communication parameters;

a configuration phase wherein communication-party-dependent configuration data is exchanged between said two communication parties; and

a data exchange phase wherein cyclical and acyclical data is exchanged between the said communication parties if the configuration phase has been successfully completed.

- 2. The communication method as claimed in claim 1, wherein said identification phase is preceded by an initialization phase during which a second communication party is recognized by a first communication party.
- 3. The communication method as claimed in claims 1 or 2, wherein said identification phase and said configuration phase each comprise a double acknowledgement operation.
- 4. The communication method as claimed in claims 1 or 2, wherein said configuration phase can recommence at any time.
- 5. The communication method as claimed in claims 1 or 2, wherein said configuration phase is skipped.

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- 6. The communication method as claimed in claims 1 or 2, wherein an absent connection during a communication is restored by a restart of said identification phase.
- 7. The communication method as claimed in claims 1 or 2, wherein said data exchange phase has at least one channel.
- 8. The communication method as claimed in claims 1 or 2, wherein a first communication party comprises a converter and a second communication party comprises an option module.
- 9. The communication method as claimed in claim 8, wherein said option module comprises an automation module.
- 10. The communication method as claimed in claim 8, wherein said option module comprises a technology module.
- 11. The communication method as claimed in claim 2, wherein a voltage potential on a connecting line of said full-duplex point-to-point connection is evaluated for an identification of a second communication party.

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